

Dear Patient and Friend:

Please note our current protocol below, keeping in mind your safety for a beautiful result from your filler appointment.

# Juvederm/Dermal Filler injections

# 4 weeks prior to your appointment:

• No vaccines (example: Flu, Shingles, Covid, Pneumonia)

#### 2 weeks prior to your appointment:

• No dental work (even cleaning) to avoid possible granuloma "hard knots"

### 1 week prior to your appointment:

• Avoid Advil, Ibuprofen, aspirin (all NSAIDS and blood thinners to reduce bruising)

## 1 day prior to your appointment:

- Avoid alcoholic beverages (especially wine)
- No workout (this increases possible bruising due to vasodilation)
- No makeup

#### Post-Treatment:

- No vaccine or dental work 2-4 weeks after treatment
- No makeup 24 hours post treatment
- No workout 24 hours post treatment

There are no contraindications with Botox® Cosmetic injections regarding vaccinations, so there is no delay required for your Botox® Cosmetic treatment.

Our practice does not require that you have a COVID 19 vaccination to receive treatment.

If you have any questions, please call our office 704 375 7111.

Thank you for entrusting us with your aesthetic needs.

The Graper Harper Injection Specialist Team